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Exploration One: Our Community - infohub.nyced.org

Master Book List. When creating your classroom library, use a selection of these books to supplement the Suggested Texts for Read Aloud. Culminating Celebration This is an opportunity to reflect on the Exploration with the children, as well as to note and celebrate the growth and learning that has occurred. It is

Basic Military Training Core Competencies Manual - Navy

Aug 06, 2020 · B. Understand how the mind works as it relates to your personal core values, and the stress-response. 1. Explain the role of foundational values in toughness. 2. Identify the stress response in the brain and body. 3. Discuss adaptive and maladaptive responses to stress. 4. Discuss mindfulness and the brain. 5.